

SinuCleanse

BREATHE

INHALO:DSI™

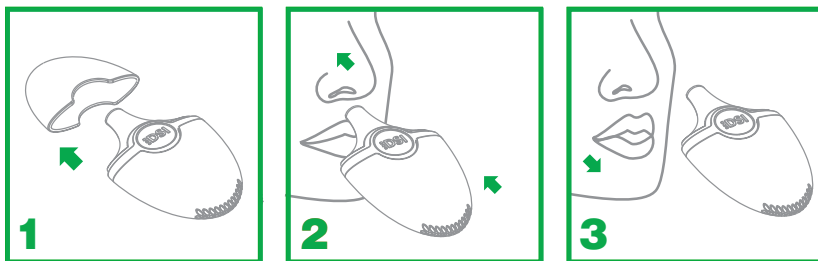
DRY SALT INHALER

NASAL

Upper Respiratory Cleanser



DIRECTIONS FOR USE



For Nasal Inhalation (upper respiratory)

1. Remove cap from device
2. Gently insert nosepiece into nostril and block other nostril with your finger inhale normally...
3. After each inhalation, exhale through your mouth or previously blocked nostril.

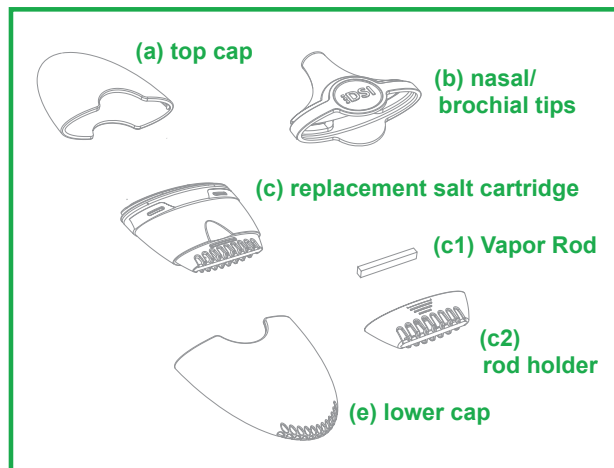
Without Vapor Rod: use the inhaler in one continuous session for 15-20 minutes daily, or divide the use into three sessions lasting 7-10 minutes each. Use for 21 days continuously.

With Vapor Rod: Remove the Clear Lower Cap covering the cartridge. Place the Vapor Rod into the Vapor Rod holder and snap the holder into the bottom of the Salt Cartridge. Replace the Lower Clear Cap over the cartridge. Use the inhaler with nasal rod 3 times a day with each session lasting between 1-2 minutes for the first week. Gradually increase each session by 1-2 minutes each week for a total of 3 weeks. Replace top cap after each use.

Helpful Hint: Use 1 or 2 sprays of saline solution in each nostril prior to use. This will help to clear and hydrate the upper respiratory tract and allow deep penetration.

Regular use of Nasal Dry Salt Inhaler promotes optimal sinus hygiene and health, helping to alleviate upper respiratory discomforts.

REPLACING DRY SALT INHALER CARTRIDGE



1. Remove Clear cap (a) covering from the colored Nasal Applicator (b)
2. Hold Nasal Applicator (b) between your index finger and thumb at the center circle of the inhaler
3. Gently pull the Nasal Applicator away from Clear Lower cap (e) thus exposing the white salt cartridge (c)
4. While holding the Nasal Applicator (b) between your finger and thumb at the center circle of the inhaler thumb and index finger grasp the White Salt Cartridge (c) and gently pull to separate it from the Nasal Applicator (b)
5. **NASAL INHALER WITHOUT VAPOR ROD:** Remove the clear valve from the top of the Replacement Salt Cartridge and discard (c). Place the new Replacement Salt Cartridge (c) into the Clear Lower Cap (e) and discard old Salt Cartridge
- TO USE WITH VAPOR ROD:** Remove the clear valve from the top of the Replacement Salt Cartridge and discard (c). Place the Vapor Rod (c1) into the rod holder (c2) and snap the holder into the bottom of the Salt Cartridge. Place the new Replacement Salt Cartridge (c) into the Clear Lower Cap (e) and discard old Salt Cartridge
6. Replace colored Nasal Applicator (b) on the top of the new White Replacement Cartridge (c)
7. Replace Clear Top cap (a) over colored Nasal Applicator (b)

WARNINGS

Special Caution: Do not use inhaler in cases of severe pulmonary failure.

- **Do not use Vapor Rod if you have any sensitivity to its ingredients***
- in case of acute diseases or high blood pressure, consult a physician before use
- shared use of this device is not recommended
- this product does not replace current medication and should be used in conjunction with therapies upon the advice of your physician
- wipe nasal tip clean after each use
do not allow fluids or liquids to pass through or enter device
- do not shake or drop device, this could cause salt crystals to break apart, it is important that salt crystals remain in the device to avoid any transitory irritation
- **CONTAINS SMALL PARTS. KEEP OUT OF REACH CHILDREN.** For children ages 5 and over requires adult supervision.

OTHER INFORMATION

- after first use, replace after 6 months for optimal therapy
- store at controlled room temperature 15 to 30°C (59 to 86°F)
- see package for lot number
- **KEEP THIS SHEET FOR FUTURE REFERENCE**

MAINTENANCE

Periodically check for visible obstructions in the air holes located at the bottom of the device. To remove obstructions, you may have to dislodge clogged particles with a fine needle or pin to allow air to pass through the opening. The exterior of the device may be cleaned with a damp clean soft cloth. Nosepiece may be removed and rinsed with warm tap water. Dry thoroughly before replacing.

PRODUCT FACTS

Purpose

Respiratory Cleanser

Product Information

Salt Cartridge contains 5 grams Natural Unprocessed Rock Salt Crystals Respiratory Cleanser (Sodium Chloride, Magnesium and Calcium in different natural forms)
Helps to Alleviate: chest congestion, allergy discomforts and other symptoms which may be associated with certain lower respiratory conditions.

*Vapor Rod (for Nasal Use Only) contains menthol, eucalyptol, oils of peppermint and cajeput. Soothing, cooling vapors help to alleviate nasal discomfort.